

Appropriate Usage Guide

To provide you with a better understanding of appropriate use with the Ability Hand™, some examples are listed below.

- Activities involving water
 - Washing your hands
 - Washing dishes
 - Washing a vehicle
 - Wearing the Ability Hand in the rain
 - Using a garden hose

*Caution: The hand is water resistant up to the wrist and taking care to angle the fingers/hand downwards is very important!

- Activities that involve some vibration of the hand
 - Using a lawn mower
 - Riding a bicycle

- Daily Activities
 - Woodshop or workshop activities
 - Shaking hands
 - Typing on a keyboard and using a computer mouse
 - Lifting objects that do not exceed 50 pounds in weight
 - Household activities – cooking, cleaning, ironing clothing
 - Tying shoelaces
 - Opening and closing doors, closets, cabinets
 - Drinking beverages
 - Holding cutlery
 - Using Utensils
 - Various other activities